

# Manual Handling Instructor

## FETAC Level 6



### REFRIGERATION SKILLNET

*The Learning Network for the RAC, heatpump and Fire Industry.*

The Safety, Health and Welfare at Work Regulations 2007 require that all companies: (1) Carry out a **manual handling risk assessment**; (2) take appropriate steps to **avoid or reduce manual handling risks**; and (3) provide **manual handling training** to relevant staff. By getting your own staff to train new members of the team, not only will you benefit from the cost savings, but you will reap the benefits from your newly skilled staff who will appreciate the investment in them.

**Save over 50% on the market rate for this training**

### Course Content

On completion the trainee will be able to:

- Explain the main components of relevant health and safety legislation
- Explain the main risk factors for back injuries related to manual handling
- Describe the concepts of ergonomics
- Carry out manual handling risk assessments and describe a range of controls to avoid and reduce the risk of injuries
- Analyse the learners performance of manual handling techniques
- Develop inanimate manual handling training programmes
- Deliver effective manual handling training programmes
- Demonstrate understanding of adult learning principles
- Give effective instruction in practical manual handling techniques



### Certification

FETAC Level 6 Instructing Manual Handling Certificate (Provided by Qualtec)

### Who Should attend

Persons with a responsibility for health & safety

### Course Cost

Non Member companies	€ 900.00
Member company subsidy	(€450.00)
<b>Member Company</b>	<b>€ 450.00</b> (special introductory rate)
Job Seekers	fully subsidised

### REFRIGERATION SKILLNET

Unit 7 Northwest Centre,  
Northwest Business Park,  
Blanchardstown, Dublin 15  
Phone: 01 88 55 200  
E-mail: [info@refrigerationskillnet.ie](mailto:info@refrigerationskillnet.ie)  
[www.refrigerationskillnet.ie](http://www.refrigerationskillnet.ie)

Refrigeration Skillnet is a [not-for-profit](#), industry led learning network for companies in the [refrigeration and air-conditioning](#) (RAC), heatpump and [fire suppression](#) sector in Ireland. The Refrigeration Skillnet is funded by member companies and the Training Networks Programme, an initiative of [Skillnets Ltd.](#) funded from the National Training Fund through the Department of Education and Skills.

Picture: David Castillo Dominici

### Upcoming courses

[Blanchardstown](#)  
7, 8, 9, 14 & 15  
November

[http://www.refrigeration-skillnet.ie/course\\_schedule.shtml](http://www.refrigeration-skillnet.ie/course_schedule.shtml)

### To Book

Click [the link](#) below,  
<http://alturl.com/koi7z>

Click the QR code

call 01 88 55 200

or email  
[info@refrigerationskillnet.ie](mailto:info@refrigerationskillnet.ie)

